Townsel's Required Writing Elements

- Appositive phrases:
 - One in every paragraph
 - At least one at the beginning, one in the middle, and one at the end in every essay
- Anaphora: once per essay
- Epistrophe: once per essay
- Asyndeton: once per essay
- Polysyndeton: once per essay
- Inverted syntax: once per essay
- Loose cumulative sentence: twice per essay
- Long periodic sentence: once per essay
- One-word sentence: once per essay
- The Rule of Three: once per essay
- The Power of One: once per essay
- **Epizeuxis:** once per essay
- Power sandwich (loose cumulative sentence plus long periodic sentence plus a short truncated sentence): once per essay
- Allusion: once per essay
- Anecdote: o